



2013 Bumi Sehat Foundation Annual Field Report

by Ibu Robin Lim

At the end of the each year Team Bumi Sehat gathers in a circle, we hold hands and give thanks for our sponsors and donors, who make this blessed work possible. We laugh and we cry and we eat together.

This annual report is stained with my tears, for 2013 was a hard year for many. Four of our babies were born with HIV and three soon died. So far, all of the mothers and the one surviving baby are on antiretroviral therapy and are doing well. Because the problem of HIV in Bali has become much bigger, Bumi Sehat made some bold moves; we opened a full Lab, where confidential testing and counseling for all sexually transmitted diseases is available, free. Special thanks for the support of Sokasi Banten and Every Mother Counts. We also test for anemia, typhoid, dengue, malaria and CBC. This means the poorest pregnant women, as well as any patient in need, may have this essential diagnostic service. Now, expectant mothers in our care know if they have HIV. Those who are HIV+ are given ARV therapy, and their babies need not be born with the virus. Mothers and fathers on ARV therapy are living quite normal lives with our support, because they were tested. Early detection is so important. Previous to Bumi Sehat's Baby Valentino Memorial Lab opening, patients were afraid to be tested due to the expense and the fear that their results would not be kept confidential. Tika, our HIV Counselor, helps everyone feel comfortable and safe, via education, information and essential services. The lab is like a bridge, providing safe passage over a river of fear to the help they need.



YES, there is progress toward the building of the new Bumi Sehat clinic in Bali. The permits are complete. Tender has gone out and builders will submit their proposals before the end of January. So much planning and care has gone into the new clinic project. 2014 will be full of the joy and the work of getting her built! We will keep updating you on the progress. Fundraising for the new building is an on-going endeavor, and we thank you for your continuing help.



This year we had special help from: Ibu Anie of Wadah Foundation, Michael Franti & Spearhead, Sara, Nahko Bear, Trevor Hall & Carla of SoulShine, Melting Pot, Taco Casa, Mama Mia Family, Christy Turlington Burns & Every Mother Counts, USAID via Jhpiego, Direct Relief International, W Hotel, Spectra Australia, Friends of Bumi Sydney, Brenton Whittaker of BaliKids, Intrepid Foundation, Midwife Catherine & Dewi Sri, Association Bumi Sehat France, Ibu Catherine and Sokasi Banten, Suzy Hutomo, Karly Franz, Irwan Yusman, One Health Org, Lemmelijin Pascale, Lorraine & John (our Angel) Bishop, Addo's Family, David Hinchman, many people of Fairfield Iowa, Deja & Clint Leazer, Margo Berdeshevsky, Marialena and Nathan Zenack, Schulick Family & New Chapter, Katherine Bramhall & Debra Pascali-Bonaro of Eat Pray Doula, Susan Bradford & Friends, Dave and Pong, Elizabeth Gilbert, Lakota of Akarumput, Robi & Navicula, Elaina, Courtney, Sybil, Becky, Chun and AnnaBeck Designs, You have all been amazing and generous in 2013. Plus hundreds more of You gave from the Heart.

December 26th of 2013 marked the nine-year anniversary of the Indian Ocean Tsunami. Bumi Sehat is still open 24/7 providing the only medical care in the area, with an on-going outreach in capacity building youth education program. Sadly, every other NGO has left the district, yet with your support, Team Bumi Sehat, Dr. Eman, Pak Sudung, the Midwives: Nursiyah, Marinda, Berliana, Nurses: Liman, Iwan, Jusup, Mimi, Eti, Ijal, Meli, Afrijal, Safran, Putri, Hayatun, Lukman and Aisyah remain committed to providing care with love and compassion. We are the bright spot, supporting our communities in their long-term recovery. We have no exit strategy.

Perhaps the most heartbreaking event of 2013 was typhoon Haiyan (Yolanda). The biggest storm to ever make landfall in recorded human history, struck down the Central Philippines.



This is a Class III disaster and, like the Tsunami of 2004, it is as bad as it gets, with 14.9 million people affected, and 4.1 million displaced and homeless. Bumi Sehat had to consider the pregnant women and the babies, and quickly respond. We partnered with Wadah Foundation and got to work. Thanks to One Health Organization, over 9,000 Metagenics food bars have been distributed. Liz Sinclair negotiated with Carmans and the Australian postal service to send 78 cases of healthy food bars. World Food Plan has partnered with us, and uncounted cases of high energy food has been distributed to the hardest hit areas. In partnership with Bangon Isabel, team Bumi/Wadah has sent three boats loaded with tarps for shelter, buckets for rain catch, water filters, food, medicine and wound supplies. The Rotary Cebu North, Cebu West, Tacloban and Mactan have been amazing. Maita Manglapus helped bridge us with the Philippine military, who flew us in and out of ground zero on C130s and helicopters. Thank you Kagaby Foundation, Efren Penaflorida, Doc Hendley of Wine to Water, Wadah Foundation, 'Butn, Pak Jun, Ibu Anie, Teresa, Cecille, Lucibelle, Mariam, Humanitarian Affairs and Direct Relief International for being the core of support.

With Dr. Laura Stachel of We Care Solar, we visited health centers and met with midwives, nurses and doctors in the disaster zone. All of them were without electricity. Those few who had generators had problems getting fuel. Midwives shared stories of childbirth complications they were forced to handle in the dark. "I can't really know if the mother is ok, if I can't even see her face," cried



one midwife. In disaster areas, the risks of childbirth: hemorrhage, infection, eclampsia, premature and high-risk babies, are more prevalent. Health providers urgently need to see! The solar lights and Solar Suitcases we distributed are a lifesaving miracle. We Care Solar with Stiftung Solarenergie Philippines, along with our team, will continue to bring light to the situation.



Mercy in Action set up a Medical Relief and Childbirth Camp in the village of San Jose, Dulag, where every storm survivor is homeless or living in the remains of homes. The 300 km per hour winds, gusting to 350 km per hour, took all the roofs away. Night and day, babies are born in the tents at the Mercy camp, but we worry: Will these babies survive? The aftermath of typhoon Yolanda means starvation,

lack of drinking and washing water, no electricity, limited, if any, communication and transportation. Infections, malnutrition, pneumonia, profound trauma, and water-borne diseases are taking their toll. The smallest, the weakest, the pregnant and the oldest people are hardest hit. This month the Mercy midwives will return to Luzon, in the Northern Philippines. Bumi Sehat/Wadah Foundation has been given full responsibility for the Childbirth and Medical Relief Camp. The hand-over will be the end of this January. We are humbled by this gift and this responsibility. We rely on each of you to help us, to support us spiritually and financially as we are called to take on more, providing compassionate service in the world's most desperately damaged place.

I am the child of a Filipino Mother and my motherland is hemorrhaging. In 2014, you will find me often in the Philippines. Bumi Sehat's devotion to Mothers, Babies, Students and Families in Indonesia is unshakable, with your help ALL of Bumi Sehat's projects and programs will thrive in this New Year of healing and hope.

This year I am asking for balance, and for strength. In 2013 so much happened! When disaster strikes, be it the suffering of one, or the suffering of millions, miracles become necessary. We learned and we grew together in the shared Vision of Bumi Sehat, building Peace, one baby, one mother, one student, one family, one disaster survivor, and one precious sip of clean water at a time.



And, here are the numbers. The count-up of the help and services that YOU have provided....

2013 TOTAL Patients, Students & Human Services rendered by Bumi Sehat Foundation International: 67,148

BALI	
Births	395
Prenatal Check-ups	4,366
Neonatal checks	749
Postpartum care	711
Home visits	57
General Patient visits for illness or injuries	4,814
Acupuncture, Traditional Medicine	4,215
Alternative Medical Treatments	1,136
Pediatric care	532
Ambulance/Emergency transports	367
Childbirth related transport	49
Lab tests, including HIV	869
HIV/AIDS Education workshop participants	8,857
Condom distribution	2,384
Capacity Building for Student Midwives	2,588
Eyesight Exams (glasses given)	78
Lansia Yoga/health for elderly	11,261
Youth Center Students	2,459
Prenatal Yoga	1,127
Total 2013 Patients & Human Services at Bumi Sehat Bali:	46,014

ACEH	
Births	88
Prenatal Check-ups	1,041
Neonatal checks	179
Postpartum care	179
Home visits	306
General Patient visits for illness or injuries	12,252
Minor surgeries on site	29
In-Patients	208
Ambulance/Emergency transports	528
Reproductive health related transports	37
Youth Center Students	5,849
Prenatal exercise & health education	438
Total 2013 Patients & Human Services at Bumi Sehat Aceh:	21, 134

In addition:

- 9 Scholarships were given for student Midwives and Nurses
- 18,572 Student Midwives and Nurses had Gentle Childbirth Capacity Building Seminars with Ibu Robin and the Bumi Sehat Midwives in 2013

Philippines human services/disaster relief

As an early responder to the typhoon Haiyan disaster (Nov. 8) and the Bohol Earthquake (Oct. 15) in the Central Philippines, Bumi Sehat/Wadah Foundation visited 15 destroyed or damaged healthcare centers, met with and provided support for over 100 midwives, and loaded 3 boats of relief goods to deliver this help:

- 500 large tarps (to serve as emergency shelter)
- 500 bolos (machetes, tools for rebuilding)
- 500 buckets and 500 scoops, to catch rain
- 500 water filters (thanks to Wine to Water)
- Solar lights (thanks to We Care Solar)
- Over 9,000 healthy food bars (thanks to One Health Organisation and Metagenics)
- 4,800 packets of high-energy biscuits (thanks to World Food Plan)
- 17 cases of Clif bars + medical supplies (thanks to Direct Relief International & Cliff)
- 5 cases of prenatal vitamins (thanks to New Chapter)

In addition, Bumi Sehat donated to the efforts of Mercy in Action, who, this far, has received 63 babies, regularly fed 754 pregnant women, and helped 2,160 patients. This January Bumi Sehat/Wadah will become fully responsible for this Medical Relief and Childbirth camp.



Bumi Sehat Foundation is built with the love and hard work of: Pak Made Wena, Ibu Eka Yuliani, Pak Sandiyasa, Desak, Ratika, Pastika, Ibu Katherine, Pak Frank, Erin, James, Kelley, Ratih, Bobbi, Mona. A huge hug to our 13 midwives: Jero Susanti, AA Sayang, Ibu Kt. Suastini, Ibu Agung Mas, Ni Luh Alit, Ibu Rutini, Ibu Sudarmi, Maria Marat, Ibu Made Suastini, Reena Roy, Dewa Ayu, and Ni Wyn Ari. Our 3 nurses: Ibu Ayu, Yoga, and Ngakan, Bumi's 3 doctors: Dr. Adi, Dr. Bayu and Dr. Yayas, and lab tech Ni Luh Erni. Teachers: Agus, Novita and Md Lesoh, plus office staff, cleaning service, cooks, drivers, and logistical support. Terima Kasih. Thank YOU. It takes a very special village, OUR village, Banjar Nyuh Kuning, to contain all this love and consciousness. Nyuh Kuning has been named cleanest village in Indonesia!



Your help makes all the miracles of Bumi Sehat possible.

Imagine the joy of a subsistence farming family, when their daughter graduates with her degree in midwifery ~ YOU did that! When a man weeps because he would have sold his only rice paddy to pay the hospital, but Bumi Sehat's midwives delivered his baby, free of charge ~ YOU did that! A family of four tumbles from their motorbike and lays bleeding on the road. A passerby calls Bumi Sehat and the ambulance arrives ~ YOU did that! A malnourished child receives free vitamins ~ YOU did that! An expectant mother gets a free, confidential HIV test, and finds out she has the virus. We help her get antiretroviral medication. Months later, her baby is born, HIV negative ~ YOU saved that baby! Each time we distribute food and relief supplies in the Philippine disaster zone, YOU are with us, YOU are doing the giving.

In 2013 each of YOU made it possible to help people in small and in large ways, over 67 thousand times! I can't keep myself from crying as I write this. Each of You is a BirthKeeper, protecting the smallest citizens of our planet, so they may grow to become EarthKeepers. Team Bumi Sehat dedicates our working hands to the people most in need. We can do this service of love, because YOU are the Heart, pumping us full of life, making it all possible.

Thank you, Thank YOU. We Love YOU!
Ibu Robin & Team Bumi Sehat

Donations by check from the USA can be sent to our 501C3 (*You will receive a letter that may be used for your tax deduction*)

Bumi Sehat Foundation International
25 Colby St.
Barre VT 05641 USA

Donate via credit card/paypal by going to our website: bumisehatfoundation.org

Contact:

iburobin@bumisehatfoundation.org
hello@bumisehatfoundation.org

From outside of the US - Please donate to us directly by transferring your contribution to our US\$ account at:

PT. Bank Negara Indonesia (BNI)
Branch: Denpasar KLN Ubud
Address: Jl. Gajah Mada No. 30 Denpasar, Bali, Indonesia
Account Name: Yayasan Bumi Sehat, Ds. PKR Nyuh Kuning
USD Account No: 117 765 425